



# COVID-19 Risk Assessment

**Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.**

<b>Players and persons from the same house must not attend training sessions if:</b>	<ul style="list-style-type: none"> <li>• If they have COVID-19 symptoms (high temperature, a new continuous cough) fever, cough.</li> <li>• If you players or family members are clinically extremely vulnerable (e.g. if you have cancer, people with respiratory conditions etc. These people are likely to have been written to by the NHS)</li> </ul>
--	---

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
Travelling to training sessions	Players and family members	<p>Only people who live in the same house can travel to training sessions in the same vehicle.</p> <p>Where possible it is encouraged players and family should walk or cycle to training sessions</p>	Coaches to monitor arrivals.	
Parking	Players Family members Coaches	<p>People traveling to training sessions are encouraged to park with social distancing in mind.</p> <p>Where this is not possible please stagger getting in and out of vehicles</p>		



# COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
Spectators	Family members	<p>Designated area for parents to wait and to 2m social distancing to be in place at all times unless with members of same household.</p> <p>A <u>maximum</u> of 1 person per player to attend a training session.</p>		
First aid	Players Coaches	<p>Normal first aid kit to be provided.</p> <p>A supply of masks to be provided to all coaches if first aid is required.</p> <p>Disposable gloves will be worn when administering first aid in normal practices of good hygiene.</p> <p>For younger players it will be encouraged for family members to initially check the child's injury.</p>		



# COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
Hand hygiene	Players Coaches	<p>All players and coaches are to wash their hands prior to leaving their house.</p> <p>When they arrive at training all players are to use alcohol hand sanitiser prior to each training session in front of the coaches.</p> <p>After the training session has finished alcohol hand sanitiser must be used.</p> <p>Spitting to be discouraged by all.</p>		
Training session	Players Coaches	<p>Cones laid out for players kit bags/water bottles etc to be placed by – cones/markers to be minimum of 2m apart to maintain social distancing during breaks.</p> <p>Training balls to be numbered and issued to a player at the beginning of each training session.</p>		



# COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
		<p>If a group session with one ball is required no touching the ball with your hands.</p> <p>Social distancing is to be applied throughout the training session. No physical contact is allowed.</p> <p>Maximum of 5 players to 1 coach in each training session.</p>		
Cleaning of training equipment	Players Coaches	When coaching sessions have finished balls, cones etc are to be disinfected and cleaned.		
Safe guarding	Players	Normal safe guarding policies apply.		
Toilet facilities	Players Family members Coaches	<p>One person at a time allowed in toilet area to ensure social distancing is adhered to.</p> <p>Wash hands before and after using the facilities.</p>		
Water	Players	Each player is to bring their own water bottle (ideally marked with own name)		



# COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
Changing rooms and shower facilities	Players Coaches	No changing rooms and showers are to be used. Players are requested to go home to change and shower,		
Disposing of PPE	Coaches	Used disposable masks/ gloves should be double bagged and either placed in the specific bin on site or they should be stored for 72 hours then disposed of in the normal general waste.		

**Risk Assessor:**

Signature: \_\_\_\_\_

Date: 30/06/2020

Review Date: June 2021

Name: \_\_\_\_\_



# COVID-19 Risk Assessment

## Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

**PLAYING FOOTBALL INDIVIDUALLY**  
e.g. practice of individual skills or fitness activities

**PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD**

**FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES**

Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.

Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

**FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE**

Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate – see Download 5.5 at <http://www.thefa.com/football-codes/governance/safeguarding/section-11-the-compliance-downloads-directory>

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.

**TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)**

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

**FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS**

Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

**!** Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.